



Sweati Yeti 2019

A two-mile obstacle run through the snowy trails of Barsness Park

Saturday, Feb. 9, 2019

Registration @ 7:30am • Run @ 8:30am
Barsness Park, Glenwood

Proceeds benefit Glenwood & Beyond, a non-profit organization dedicated to implementing community-wide projects that will enhance and promote the Glenwood area.

Entry Fees: \$12.00 if pre-registered by February 8th; \$15.00 on February 9th (non-refundable)

All runners will receive a free "Sweati Yeti" stocking cap!

Location: Registration and check-in will be at Barsness Park (first parking area on right from main entrance); the start/finish line will also be located here.

Course: The course is two miles long; beginning and ending near the chalet. The course contains natural and man-made obstacles and games that will be challenging but achievable for ages 5+.

Timing: The Sweati Yeti will not be timed; it is a "fun run" for you and your family!

Join us after the Sweati Yeti for more Winterama events!!!

SWEATI YETI REGISTRATION FORM

Name: _____

Address: _____

City, State, Zip: _____

Email: _____ Phone: _____

Age: _____ Gender: _____

Waiver Must Be Read and Signed Before Running: I know that running a race and participating in obstacles is a potentially hazardous activity. I should not enter and run unless I am medically able to run and agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to; falls, contact with other participants, the effects of the weather, obstacles, and the conditions of the trail; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself, and anyone entitled to act on my behalf, waive and release Glenwood & Beyond, the City of Glenwood, all volunteers and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all the foregoing to use any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose.

Signature (Parent/Guardian if under 18)

Date



Please make checks payable to: Glenwood & Beyond. Drop your application and payment off at Palmer Creations (107 East Minnesota Ave) or mail it to Glenwood & Beyond, PO Box 434, Glenwood, MN 56334. For more information call Jim Palmer at (320) 634-4024.